

## FEATURES

- LED TempoGuide (realistic swing tempo)
- Super Red Clear LEDs
- Adjustable swing tempo
- 14 preset rhythms
- Memorizes last set rhythm
- Auto shut down after approx. 5 minutes of use
- Easy to use/easy to bring anytime - anywhere

## TECHNICAL DATA

Dimensions (WxLxH):	2.72"x 4.94"x 0.94" (70x125x24mm)
Weight:	4.37 ozs. (124 g)
Batteries:	2 x 1.5V AA
LEDs:	Color: Super Red Clear
The manufacturer reserves the right to alter specifications and design.	

## LIABILITY

The manufacturer does not take any responsibility for damages or consequential damages as a result of the product not being used according to this manual.

*Produced by:*  
**ODSIF**  
**www.odsif.com**  
**info@odsif.com**

# USER GUIDE

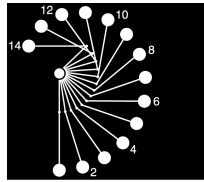
## Big-O TempoGuide Control Your Swing Rhythm



## FUNCTIONAL DESCRIPTION

Big-O TempoGuide is used to improve the swing rhythm and to maintain your swing rhythm. Lots of golfers experience that they swing too fast, rush down from the top of the swing, and end up with a bad swing rhythm.

Big-O is a tempo guide that simulates the rhythm of the golf swing.



It is possible to select between 14 preset swing rhythms. Standing above Big-O TempoGuide (like looking into a mirror), you can find your optimal swing rhythm. Simply follow the LEDs as they turn on during the golf swing.

## HOW TO USE BIG-O

Open the battery cover on the rear side of Big-O and remove the protection flap between one of the batteries and a connector. Replace the cover.

Turn on Big-O by pressing the ON button.

After approx. 3 sec. you can select your preferred swing rhythm from 14 preset rhythms by pressing the ON/OFF Select button shortly and repeatedly.

Push



Each rhythm is indicated by a light in the LED, i.e. rhythm 1 - LED one is on, rhythm 2 - LED two is on etc.

Place Big-O in front of you on the ground (on the other side of the golf ball, so that you cannot hit Big-O as you swing down). Big-O TempoGuide starts simulating the rhythm. Now, start swinging up and follow the LEDs as they turn on. In order not to rush from the top, wait until the TempoGuide starts turning on the LEDs from the top and down.

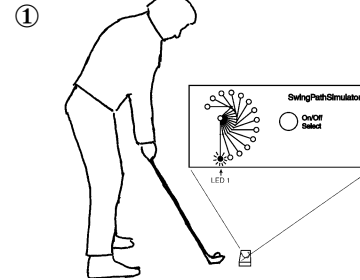
You can try the different rhythms and find out, which one suits you best. The swing tempo varies from approx. 0.9 - 1.55 seconds from the beginning of the upswing to impact. Big-O will remember the last used rhythm when you turn it off.

## WHERE TO USE BIG-O

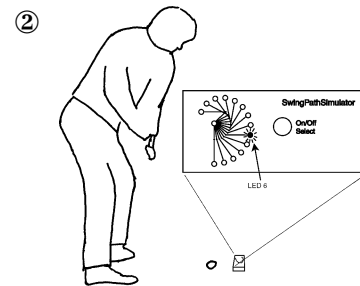
Due to the handy size of Big-O, you can easily bring it along.

- Use it during practicing on the driving range or
- Use it on the first tee to find the rhythm before you tee out.

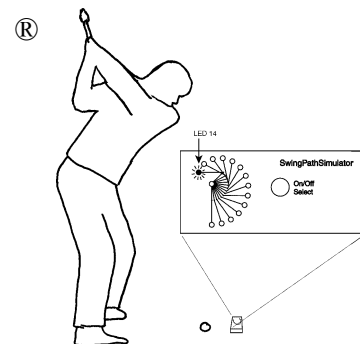
## ILLUSTRATION OF HOW TO USE BIG-O TEMPO GUIDE



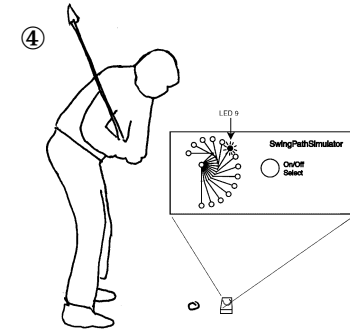
Place the club on the ground and be ready to start the upswing.



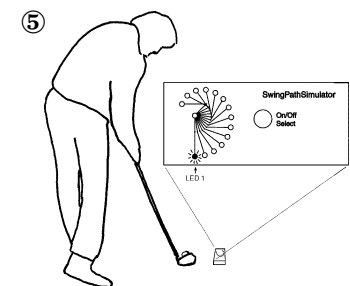
A little less than half way in the upswing. Indicated by LED 6.



Top of the swing. LED 14.



During the downswing. LED 9 indicates this position.



Impact. LED 1 indicates this position.

The figures show the golfer using the LEDs as guidance for positioning his golf club during the upswing and downswing.

It is easiest to use Big-O without hitting the ball.

You can also see how it works in a DEMO video on [www.odsif.com](http://www.odsif.com).